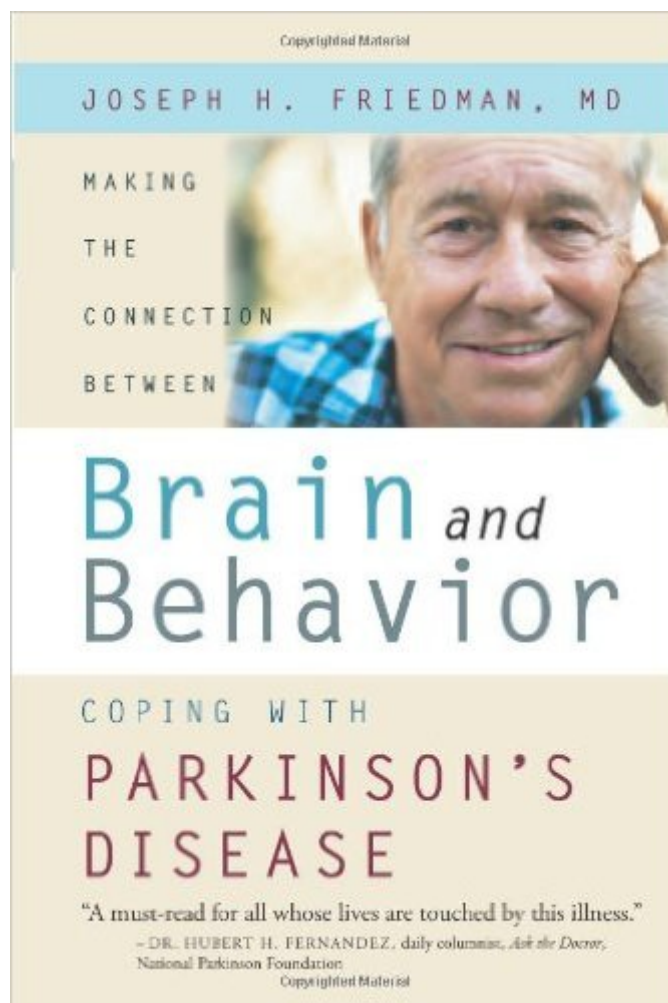


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# Making The Connection Between Brain And Behavior



## Synopsis

Parkinson's disease (PD) is a chronic and progressive disease that affects as many as one million people in the United States alone. Although many patients and families are aware of the physical challenges that accompany Parkinson's disease, few are prepared to deal with the common behavioral issues that impact their quality of life. Behavior problems in PD are not always catastrophic, but they are common. It is estimated that 65-90% of PD patients experience some level of depression, anxiety, dementia, hallucinations, paranoid delusions, sleep disorders, and other behavioral disorders that affect everyone involved. Written in easy-to-read language, *Making the Connection Between Brain and Behavior* is the only book that focuses entirely on an area that many doctors overlook, an area that often causes the most problems and can be the most treatable. The self-contained chapters will help readers understand, address, and cope with common behavioral issues, as well as provide guidance on ways to communicate with the healthcare team. Special Features Include: A focus on a wide variety of behavioral conditions from sleep disorders to dementia Special chapters on PD medication and the side effects that can lead to behavioral problems Easy to read self-contained chapters so patients can read only the desired sections Vignettes to illustrate the problems under discussion Written in layman terms to help readers understand and cope with behavioral issues *Making the Connection Between Brain and Behavior: Coping with Parkinson's Disease* is a wonderful resource for patients, caregivers, family members, wanting to improve their quality of life, and healthcare professionals looking for a tool to help their patients open up about the challenges they are facing.

## Book Information

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## Customer Reviews

Parkinson described the Shaking Palsy in 1817 as a motor disorder without significant effect on the mind. Charcot agreed in his analysis half a century later. Only recently has it been appreciated that depression, dementia, and other mental problems can be the most disabling features of this disease. As a neurologist who developed Parkinsonism myself I have in vain been searching for a comprehensive review of these problems, and now I have found it in Dr. Joseph Friedman's Making the Connection Between Brain and Behavior--Coping with Parkinson's Disease. It is filled with common sense practical suggestions related to subjects such as driving, caregiver stress, appropriate and inappropriate use of the emergency room, and every conceivable neuropsychological symptom. Patients and their families as well as physicians and nurses will find this text invaluable. I recommend it most strongly and thank Dr. Friedman for giving hope and optimism to those of us who must do battle with the Shaking Palsy every day of our lives.

This Book written by Joseph Friedman would be the most valuable book for some who like myself has come up against the the battle of Living and coping parkinson's disease. at 38 year i was diagnosed with this progressive illness ..and now at 45 ... finding this Book has just allowed me to understand how the life i live and that its not me thats creating these problems .. reading this Book has certainly eased my mind with the knowledge the Joseph Friedman has shared in his book ..Certainly has made things a lot clearer and now can share this information to others.to help adn make my life easier by reading this book .thankyou so muchthis book for me is worth more than words can describe ..I RECOMEND THIS BOOK TO ALL WITH PARKINSON'S DISEASE TO READ ..EARLY ONSET AGE WOULD HIGHLY RECOMENDONCE AGAIN THANKS ive order 2 more coppies ..to share with others ..DIANNE OLIVER

As I read this book, I felt that it was written from inside my experience as a person with Parkinson's disease. It provides insights for the patient in a style that a non-medical person can understand. It would be especially valuable for someone who knows a Parkinson's patient. I was able to hand this book to my wife and say "this is me." Thanks, Dr. Friedman, for a significant contribution to the Parkinson's literature.

I am a PWP (5 years) and HIGHLY recommended this compassionately written and experience-

based book. I often turn to it when things are going on with the PD that I don't understand or can't identify using accepted medical terminology. For example, I find myself simply not caring about things I can't change anymore, even though in the past I have been a wise crackin' firebrand. As Dr. Friedman points out, such "apathy" can be protective-- a brilliant insight on his part- protecting the PWP from possible depression related to the realization & constant reminders that PD gives us that we are not able to do things we used to love. What is the difference between psychologically useful, protective PD apathy and apathy that is not useful for a PWP? Read this book to find out!

We attended a Seminar and the speaker wound up his lecture by saying: "If you can buy only one book, THIS is the one to buy." It was very helpful to our family and I have given our copy away and reordered it many times over.

Just finished Making the Connection Between Brain and Behavior Coping with Parkinson's Disease by Joseph H. Friedman. One of my favorite Parkinson's books so far. My mom has Parkinson's and I can't wait for her to read this. She continually feels guilty because she thinks she should be handling it better and I hope this book will help. She handles it VERY well, but this book examines the connections between Parkinson's and feelings of guilt, depression, anxiety, indecisiveness (can't decide how to spell that!) and brain issues. That is, does PD itself cause the guilt and depression, or are they a reaction to dealing with the physical symptoms. Great book and I hope it will be helpful for many. If you or someone you care about has Parkinson's, check it out. oh wait wait! Especially interesting - it addresses the fact that some people with PD who have been lifelong readers, like my mom, no longer enjoy reading - such a big loss at a time when she can rarely get out. - some associated problems affecting reading - tremors, difficulty turning pages, difficulty staying awake, soft speech that makes it hard to discuss your reading with others (there are book groups where she is living). Now THAT hurts!

Purchased for my mother. It was recommended by a Parkinsons support group. My Dad had Parkinson's and I think it helped Mom understand more about the disease process. She would recommend it to patients and family members of patients with Parkinsons.

I love this book. One of the first I have found that educates and discusses the cognitive and memory issues associated with Parkinson's in many patients. This was one of the most helpful Parkinson's books I have read if you are having any issues with cognitive due to Parkinson.

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